

Dear Grade 1 and Grade 2 2020 Parents

Team Sport is not offered to Grade 1s and 2s. Instead they will take part in a rotational sports development program which will commence on Tuesday 28 January until Tuesday 10 March for Grade 1 and Wednesday 29 January until Wednesday 11 March for Grade 2.

The program will include one compulsory “Games Day” of school (13:30 – 14:30) for Grade 1s on a Tuesday and Grade 2s on a Wednesday. Each class will receive coaching from sports coaches in particular sports on a rotation basis. These sports take place at RGJS, Grotto or UCT and staff will walk girls to and from the venues. Parents should collect their daughter at school at 14:30. If your daughter is ill and unable to take part in the lesson please provide the class teacher with a letter.

Rotational Summer Sports:

Swimming, Tennis and Soccer (Term 1)

Tag Rugby, Running and Swimming (Term 4)

The girls will need their RGJS swimming costume, cap and towel for swimming and their RGJS PE kit with trainers and RGJS white socks for Tennis, Tag and Running. If the girls have their own tennis racket they may bring it otherwise one will be provided for them.

Rotational Winter Sports:

Hockey, Netball and Games

Girls will need their own gum guards and shin guards. If they don't have a hockey stick one will be provided for them. This will allow the girls an opportunity to try all sports before having to choose a specific summer & winter sport in Grade 3.

An example of how Term 1 in 2020 will run

Tuesday – Grade 1 “Games” once a week

CLASS	TIME	SPORT	DURATION	DATES
1a	13:30 – 14:30	Swimming	2 weeks	28/1 , 4/2
1b	13:30 – 14:30	Tennis	2 weeks	28/1 , 4/2
1c	13:30 – 14:30	Soccer	2 weeks	28/1 , 4/2

At the end of the 2 weeks, the Grade 1 classes will rotate onto the next sport.

Wednesday – Grade 2 “Games” once a week

CLASS	TIME	SPORT	DURATION	DATES
2a	13:30 – 14:30	Swimming		29/1 , 5/2
2b	13:30 – 14:30	Tennis		29/1 , 5/2
2c	13:30 – 14:30	Soccer		29/1 , 5/2

At the end of the 2 weeks, the Grade 2 classes will rotate onto the next sport.

At the end of the 2 week cycle the class teacher will communicate which sport your daughter’s class will be moving on to.

On Tuesday 10 March all three Gr 1 classes will go to the pool for a final gala practice. The Foundation Phase gala takes place on Wednesday 11 March.

HOW TO SIGN UP FOR Arts & Crafts and Xhosa / Drama Dance in

Grade 1 and 2 GRADE 1s

Please e-mail Mrs Matteson(lismat@rgjs.org.za) should you wish to sign your daughter up for Arts & Crafts and Mrs Mtsi (mtsi@rgjs.org.za) Xhosa / Drama Dance **by Monday 20 January 2020.**

THURSDAY

Arts & Crafts(Max 25)	Gr 1	13:30 – 14:15	Mrs Matterson’s classroom	Mrs Matterson
Xhosa / Drama Dance	Gr 1	13:30 – 14:15	Xhosa Classroom	Mrs Mtsi

GRADE 2s

Please e-mail Mrs Matterson (lismat@rgjs.org.za) should you wish to sign your daughter up for Arts & Crafts and Mrs Mtsi (mtsi@rgjs.org.za) Xhosa / Drama Dance **by Monday January 2020.**

TUESDAY

Arts & Crafts(Max 25)	Gr 2	13:30 – 14:15	Mrs Matterson’s classroom	Mrs Matterson
Xhosa / Drama Dance	Gr 2	13:30 – 14:15	Xhosa Classroom	Mrs Mtsi

On Wednesday, 22 January from 17:30-18:30 there will be an opportunity to meet all the Private Extra Mural presenters in the foyer if you wish to find out more about what they offer.

We are looking forward to a fun filled 2020.