



RGJS Summer Sport 2019

Team Sport is not offered to Grade 1s and 2s.

Instead they will take part in a rotational sports development program.

The program will include one compulsory Games afternoon from 13:30 – 14:30 for Grade 1s on a Tuesday and Grade 2s on a Wednesday. Each class will receive coaching from sports coaches in particular sports on a rotation basis. These sports take place at RGJS, Grotto or UCT and staff will walk girls to and from the venues. Parents should collect their daughter at school at 14:30. If your daughter is ill and unable to take part in the lesson please provide the class teacher with a letter.

Rotational Summer Sports:

Swimming, Tennis and Games (Term 1)

Tag Rugby, Running (Term 4)

The girls will need their RGJS swimming costume, cap and towel for swimming and their RGJS PE kit with trainers and RGJS white socks for Tennis, Tag, Games and Running. If the girls have their own tennis racket they may bring it otherwise one will be provided for them.

Rotational Winter Sports:

Hockey, Netball and Cross Country/Games

Girls will need their own gum guards and shin guards. If they don't have a hockey stick one will be provided for them.

This will allow the girls an opportunity to try all sports before having to choose a specific summer & winter sport in Grade 3.

At the end of the 2 week cycle the class teacher will communicate which sport your daughter's class will be moving on to.

An example of how Term 1 in 2019 will run

Tuesday – Grade 1 "Games Day" once a week

CLASS	TIME	SPORT	DURATION
1a	13:30 – 14:30	Swimming	2 weeks
1b	13:30 – 14:30	Tennis	2 weeks
1c	13:30 – 14:30	Games	2 weeks

At the end of the 2 weeks, the Grade 1 classes will rotate onto the next sport.

Wednesday – Grade 2 "Games Day" once a week

CLASS	TIME	SPORT	DURATION
2a	13:30 – 14:30	Swimming	2 weeks
2b	13:30 – 14:30	Tennis	2 weeks
2c	13:30 – 14:30	Games	2 weeks

At the end of the 2 weeks, the Grade 2 classes will rotate onto the next sport.

HOW TO SIGN UP FOR Arts & Crafts and Xhosa / Drama Dance in Grade 1 and 2

GRADE 1s

Please e-mail Mrs Matterson (lismat@rgjs.org.za) should you wish to sign your daughter up for Arts & Crafts and Mrs Mtsi (mtsi@rgjs.org.za) Xhosa / Drama Dance

THURSDAY

Arts & Crafts	Gr 1	13:30 – 14:15	Mrs Matterson's Classroom	Mrs Matterson
(Max 25)				
Xhosa / Drama Dance	Gr 1	13:30 – 14:15	Foyer / Xhosa Classroom	Mrs Mtsi

GRADE 2s

Please e-mail Mrs Matterson (lismat@rgjs.org.za) should you wish to sign your daughter up for Arts & Crafts and Mrs Mtsi (mtsi@rgjs.org.za) Xhosa / Drama Dance

TUESDAY

Arts & Crafts	Gr 2	13:30 – 14:15	Mrs Matterson Classroom	Mrs Matterson
(Max 25)				
Xhosa / Drama Dance	Gr 2	13:30 – 14:15	Foyer / Xhosa Classroom	Mrs Mtsi