

SUMMER SPORTS UNIFORMS

SWIMMING / WATER POLO	<u>WHO</u>	<u>PRACTICE</u>	<u>GALA / MATCHES</u>
	TEAM	Black racer or RGJS costume	RGJS blue costume
		Blue cap	RGJS swim cap
		Goggles	RGJS slip-slops
		Towel	Goggles
		Fins	Towel
	GENERAL / PHYS ED	Black racer or RGJS costume	
		Blue cap	
		Towel	

TENNIS	<u>WHO</u>	<u>PRACTICE</u>	<u>MATCHES</u>
	TEAM	RGJS blue golf shirt or house shirt	RGJS vest
		RGJS navy shorts or skort	Skort
		RGJS white socks	RGJS white socks
		Trainers	Trainers
		RGJS Visor	RGJS visor
	GENERAL	RGJS blue golf shirt or house shirt	
		RGJS navy shorts or skort	
		RGJS white socks	
		Trainers	
		RGJS Visor	

- All girls must have their own tennis racket

OTHER SPORTS		
	TAG RUGBY	RGJS blue golf shirt or house shirt
	MULTI SPORT	RGJS navy shorts or skort
	AFRICAN DANCE	RGJS white socks
		Trainers
		RGJS visor (TAG Rugby)
		RGJS tracksuit

WINTER SPORTS UNIFORMS

CROSS COUNTRY	WHO	PRACTICE	RACES
	ANY GIRL GR 3 - 7	RGJS blue golf shirt or house shirt	RGJS Vest
		RGJS navy shorts	RGJS navy shorts
		RGJS white socks	RGJS white socks
		Trainers / Running Shoes	Trainers / Running Shoes
		RGJS Visor	RGJS Visor

HOCKEY	WHO	PRACTICE	MATCHES
	TEAM (U9 – U13)	RGJS blue golf shirt or house shirt	RGJS vest
		RGJS navy shorts or skort	RGJS skort
		Shin Guards	Shin Guards
		Gum Guard	Gum Guard
		RGJS socks	RGJS Socks
		Astro boots & trainers	Astro boots
	GENERAL (Gr 3 – 7)	RGJS blue golf shirt or house shirt	
		RGJS navy shorts or skort	
		Shin Guards	
		Gum Guard	
		RGJS socks	
		Astro boots	

- Hockey girls must have their own hockey stick, shin guards and gum guard (COMPULSORY)

NETBALL	WHO	PRACTICE	MATCHES
	TEAM (U9 – U13)	RGJS blue golf shirt or house shirt	RGJS vest
		RGJS navy shorts or skort	RGJS skort
		RGJS white socks	RGJS white socks
		Trainers	Trainers
		RGJS visor	RGJS visor
	GENERAL (Gr 3 – 7)	RGJS blue golf shirt or house shirt	
		RGJS navy shorts or skort	
		RGJS white socks	
		Trainers	
		RGJS visor	

- Tracksuits may be worn with PE Top or House Shirts at practice

OTHER SPORTS	MULTI SPORT	
	AFRICAN DANCE	RGJS blue golf shirt or house shirt
		RGJS navy shorts or skort
		RGJS white socks
		Trainers
		RGJS tracksuit