

RGJS SUMMER SPORT 2017

ALL GIRLS ARE REQUIRED TO SIGN UP FOR GRADE 3 SPORT ON THE SPORTS NOTICE BOARD

Grade 3

Swimming	<u>Team & General</u> Grade 3s wanting to try out for the team must sign up on the sports notice board. U9 A & B team squads will be selected from these trials based on times taken. If a girl does not make the team squad, she may sign up for General swimming.
Water Polo	Offered to Grade 3s as a general sport. Girls will be walked up to Grotto by a member of staff.
Tennis	Offered to Grade 3's as a general sport. Girls must bring their own raquets. This takes place on the school courts.
TAG Rugby	Offered to Grade 3s as a general sport. Girls will be walked to the UCT Middle Campus and back to school by a member of staff.
Multi Sport General	Offered to Grade 3s as a general sport .This takes place in the hall or outside in the school grounds. The girls take part in a variety of sports and PE games. Eg: rounders, table tennis, volley ball, dodge ball and fun fitness
African Dance General	Offered to Grade 3s as a general sport and takes place in the hall.

RGJS Cultural & Musical Activities

Art Club
Eco Club
Junior Choir